

# Pretoria-Oos Voetslaanklub

Waar Mense Omgee



Bank Inligting: ABSA, Menlyn

Takkode:632005

Spaarrekening nommer 9307571484

Webtuiste: <http://www.ptaosvoetslaan.co.za/>

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## 2019 STAPPROGRAM

14-02-2019

DATUM	ROETE EN STAPLEIER	BESONDERHEDE	AANTAL STAPPERS	KOSTES (ppp stap)	BESPREEK VANAF
<b>Eerste Kartaal</b>					
22-24 Feb <b>Rugsakstap</b>	<b>Uitsoek – Houtbosloop</b>	<p>The Uitsoek Trail is located 80km from Nelspruit, near the Sudwala Caves. The base camp has 36 bank beds, electricity and hot water. Fire wood and braai facilities are available. The Lisbon Overnight hut has only 12 beds, no electricity, no shower, one toilet. Fire wood available. The trail starts at the uitsoek hut where you can park your car. The trail is very difficult. Hikers walk through an indigenous forest, lowveld and sour bush. The first day's route is demanding and includes a climb from the foothills to the plateau. Although the start is relatively steep, the trail later descends into a gorge with cliffs – the perfect place to enjoy lunch. To get to the plateau edge from the gorge is a stiff climb.</p> <p>The second day's hike is downhill or level. The trail also takes hikers past the Bakkrans Waterfall. Uitsoek hut to Lisbon 15km, Lisbon to Uitsoek 14,5km</p>	Max 12 people	<p>R275.00 per staplid en R305.00 vir nie lede.</p> <p>Vir twee aande se verblyf. Kos en Vervoer is adisionele onkoste</p> <p><b>Stapleier: Lizelle</b></p>	<p>Bespreking is oop</p> <p>Besprek deur Eco Trails SA</p>
8-10 Maart <b>Basiskamp</b>	<b>Bokkraal Waterval</b> Groot Marico, North West Province	<p>The land of Herman Charles Bosman, Groot Marico, is one of the best kept secrets of South Africa. The diversity of plants and birdlife is very special. Through this area runs the Marico River. The river rises in the district and is one of the major sources of the Limpopo. The Bokkraal Waterfall Trail takes full advantage of this waterway and its waterfalls and rock pools that entice the hikers to tarry a while. The accommodation can be considered as up-market for hikers with bedding etc supplied. Just bring your food and drink. An old farmhouse is also available. The Tufa waterfalls are witness to the purity of the river water.</p>	10	<p>Lid R376.00pp Nie-lid R406.00pp</p> <p><b>Stapleier: Jaco</b></p>	<p>Bespreking is oop</p> <p>Besprek deur Eco Trails SA</p>

Kommittee

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		<p>The water is tempting and the shade of the trees inviting! The Trail continues along the river banks, sometimes on the left and sometimes on the right bank. Be careful of the river crossings as the stones can be very slippery. The rock formations are often spectacular!</p> <p>A camera I consider to be a must along with a swimming costume</p> <p>Take the trail at a moderate pace and enjoy! A weekend at Bokkraal is something to be relished</p> <p>Conclusion</p> <p>The Bokkraal Waterfall Trail has a lot to offer the hiking community. Relax and enjoy the scenery and the water that sings to you along the way.</p>			
<b><u>Tweede Kwartaal</u></b>					
5,6,7 April <b>Rugsak OF Slackpack</b>	<b>Serendipity</b> Naboomspruit	<p>Saterdag se roete is 13km maklik of 20km moeilik roete, n mens kan kies</p> <p>Sondag 5km, kort roete, nie baie moeilik nie</p> <p>Hy se die Tierkloof kamp is stunning, met warm water, slaap 16</p> <p>Die rugsak roete se vanaf Bushbaby na Tierkloof of andersom is ook beskikbaar en hulle offer n slackpack opsie teen R200 vir die groep.</p> <p>Situated between the Limpopo Province towns of Nylstroom and Naboomspruit, 140Km from Pretoria, the private game farm on which the Serendipity group of trails are situated offer a unique chance to enjoy a variety of activities to suite most eco tourists. The area, considering its size (1200ha), contains the most remarkable variety of terrain and wildlife.</p>	16	R334pp vir Lid R363pp vir Nie-Lid  <b>Stapleier: Leyda</b>	Bespreek deur Eco Trails SA
10,11 12 Mei <b>Basiskamp stap</b>	<b>Mount Komati</b> Machadodorp	<p>Die natuurplaas en staproetes is geleë tussen Machadodorp en Badplaas op die Drakensbergeskarp van Mpumalanga, wat beteken dat ons in 'n wonderskone omgewing, maar tog gerieflik naby aan Gauteng en Limpopo, selfs KZN geleë is. Pragtige, gerieflike klip met grasdak huisies. Ten volle toegeruste basiskamp. Sommige chalets met linne, ander slegs paslakens. <b>Dag 1: Rondomklip 12.7 km, 7 ure.</b> Matig tot moeilike gradering, afhangend van ouderdom en stapfiksheid. Gereëldde stappers diep in hulle 60's voltooi roete gemaklik, maar minder fikse, ongereëldde of ouer stappers mag swaar kry. 600 m hoogteverskil. Groot verskeidenheid topografie, sonderlinge en skaars wild, voëls en plantegroei. Waterstroompies, pragtige tonele en uitsigte. <b>Dag 2: Klein Paradys 4.5 km maklik tot matig.</b> Verbasend anders as Dag 1. Stroompies, watervalletjies en eindig al langs die Komatirivier. <b>Dag 3: 'n Derde,</b> pragtige en maklike 3.5 km roete is gebou en opsioneel beskikbaar. Daar is drie sirkelroetes wat almal vanaf die basiskamp vertrek. Stappers keer dus na elke stap terug na dieselfde kampie. Ons akkomodasie is ook heel fêncy, in stappersterme. Die huisies is gesofistikeerde klip en grasdak eenhede met Eskomkrag, linne, breekware, potte en panne wat alles eintlik deel van ons lodge vir vliegengelaars en soortgelyk was, maar effens aangepas is om vir die stappersmark ook voorsiening te maak. Om ons staproetes te ondersteun het ons tydelik drie van die huisies (Mojaji, Idube &amp; Wildebees) in <i>dorm</i>-tipe kamers omskep tot tyd en wyl die stapkampie opgerig is.</p> <p>Mojaji het 2, en Idube &amp; Wildebees het elk 3 stapelbeddens in, standaard enkelbedgrootte (188 x 91cm) met kwaliteit hoëdigtheid Ericssons matrasse van 150mm dik en oorgetrek met netjiese paslakens, of linne as opsie. Tarentaal chalet is 'n luukser familie tiepe selfsorg eenheid. Hy</p>	20 Maks	Lede: R240.00pp Nie lede: R266.00pp  <b>Stapleier Denise</b>	Bespreeking is oop  Bespreek deur Eco Trails SA

Komitee

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		beskik oor 'n hoofslaapkamer met dubbelbed, 'n oopplankamer met 2 enkelbeddens (als met linne, gesig- & storthanddoeke) 'n eie, aparte badkamer met stort, toilet en wasbak wat dit gerieflik vir almal maak (dus nie en-suite nie). 'n Goed toegeruste kombuis met breekware en basiese kookgerei, 'n eetkamer en houtstoepie wat oor die tuin, Komatirivier en Skurweberg uitkyk rond als mooi af en verseker dat ons gaste goeie waarde vir geld ontvang. ontak ons asseblief direk indien u u eie tente of kampeerwaentjies wil gebruik.			
25 Mei <b>Dag stap</b>	<b>Leeuwenkloof,</b> Broederstroom	All our hiking routes are clearly marked. Our trusted Camp Master is also a hiking guide, should you wish to be led on the trails. Many options are available depending on your preferred distance and/or time frame.		TBC <b>Stap leier Leyda</b>	
8 Junie <b>Sosiaal</b>	Lee Botma Photography <b>Leon Smit</b>	Hoe om professioneel fotos te neem met jou foon of klein kamera. Hoe om jou sak te pak		TBC <b>Stap leier Lizelle</b>	
22-23 Jun <b>Sosiaal</b>	<b>First Aid Course</b>	First Aid Level One Qualifying learners will be able to: Demonstrate the principles of primary emergency care. Assess and control a single injury emergency scene. Demonstrate primary emergency life support for adults, children and infants. Explain and manage shock. Carry out secondary assessment of the sick or injured person and provide appropriate primary emergency care at the scene. Keep records of the incident/accident. Course includes: Textbook and Certificate. Class starts at 8:30am until 15:30. OHS Academy Street address: 393 Cliffendale Drive, Faerie Glen, PTA	10	R850 per lid en R950 vir nie lid <b>Stap leier Jaco</b>	
<b><u>Derde Kwartaal</u></b>					
6 Julie <b>Dag stap</b>	<b>Groenkloof</b>	Just 5km out of the city centre, Groenkloof Nature Reserve offers a variety of activities for nature lovers. 4,5km hike (White trail) 3,5km hike (Red trail) 10,5 km hike (Yellow trail)		R38.00pp R22.00pp pensioner Payable at the gate <b>Stap leier Denise</b>	
12-14 Julie <b>Rugsak</b>	<b>Fanie Botha</b>	The Fanie Botha Hiking Trail is situated in the Sabie area in Mpumalanga. It is located on the Drakensberg escarpment and provides hikers with marvellous views over a variety of landscapes far below. As one walks along the pine plantations and indigenous forests and stand in awe at the sheer beauty of the various crystal-clear waterfalls, it becomes obvious why so many hikers describe this as the perfect hiking destination. On this trail, hikers can admire the Lone Creek and Mac Mac Falls, both national monuments, or just get carried away by the scenic grandeur of the Drakensberg escarpment. Some of the main attractions on this trail are Mount Moodie and the Mac Mac Pools.	12	Lid: R275.00pp Nie lid R305.00pp  <b>Stap leier Lizelle</b>	Bespreeking is oop  Bespreek deur Eco Trails SA

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		The Fanie Botha hiking trail has various trail options ranging from two- to five-night.			
23,24,25 Aug Basiskamp Stapklub Verjaarsdag naweek 35 jaar...	<b>Bushbuck Hills</b> Swartruggens	There are different hiking trails at Bushbuck Hills. The trails are a series of loops for local weekend visitors as well as a 2-day fully-fledged hike for hikers. Trails vary in length depending on your hiking skills and the combination of trails chosen - from a 2km circle route to a 11km day trial. The shorter nature trails offer magnificent bird watching and tree spotting opportunities. We offer a strenuous mountain trail with some tough mountain climbing involved and even a chain ladder for the adventurer! There are different types of self-catering accommodation on the farm. No matter whether you stay at the Log Cabin, Main Farmhouse, The Bush camp or The White House Farmhouse, you will be able to start with a hiking trail at any of these accommodation units. The Mountain Hut provides accommodation for most backpackers on the overnight trails. There is no electricity supply to the hut, and you have to stoke the "donkey" for a hot shower! The mountain cabin has two bedrooms with 6 single beds in each, a communal bathroom with toilet and shower and a small kitchen. You need to bring your own crockery and cutlery. The mountain cabin can sleep 12 hikers but there is ample space for tents should you require room for a bigger group	20	Lede R400.00pp Nie lede R450.00pp  <b>Stapleier Leyda</b>	Bespreeking is oop  Bespreek deur Eco Trails SA
6,7,8 Sep Basiskamp	<b>Schoongezicht</b> Swartruggens	Only 2 hours drive from PTA/JHB. (Bonus: NO gravel road!) Three circular trails to choose from (14 - 17 km), (10 km) and (4 km). The trails meander through indigenous bush, ravines with mountain streams in rainy season, hills and crisscross the Elands river. Lots of game to be seen on the trails such as kudu, blesbok, zebra, rooi hartebeest, impala etc. The Base Camp consists of a beautifully restored farm house with a big stoep all around, and a cosy rondavel for the "snorkers". In total it accommodates 20 hikers. There are 4 bedrooms in the house, a big dining area and kitchen. One bathroom inside house and rondawel and a neat ablution block outside with additional showers and toilets. Outside is a nice boma area with braai facilities. There is a huge clean cement dam for swimming in the camp specially in hot summer months and a big farm dam with deck walking distance away.	10	Lede R336.00pp Nie lede R366.00pp  <b>Stap leier Jaco</b>	Bespreeking is oop  Bespreek deur Eco Trails SA
20-29 Sep Lang stap	<b>Gaintscup –</b> <b>Drakensberge</b>	The Giant's Cup Hiking Trail is a 5 Day trail situated in the Southern Region of the Maloti Drakensberg Park. At over 60km in length and often above 2000m in altitude it traverses some of the most magnificent scenery found in South Africa. The trail begins 6km past the Premier Resort Sani Pass on the left hand side of the Sani Pass Road and finishes 5 days later at Bushman's Nek Hut which is 2.5km from the Bushman's Nek Resort. The longest hiking day is just over 13km with the shortest being 9km. The 5 overnight stops are in the form of Huts containing bunk-rooms and cold water showers. Ry 21ste slaap oor by underburg en begin stap die 22 ste. 26ste kla gestap en slaap by Underburg, rus dag 27 en ry terug huis toe die 28st	8	TBC  Get a full pack option as well  <b>Stap leier Leyda en Jaco</b>	Bespreeking is oop  Bespreek deur Eco Trails SA

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<b><u>Vierde Kwartaal</u></b>					
5 Okt <b>Sosiaal</b>	Flight of Fantasy Show at the Bird and Wildlife Gardens, Montecasino	For great family entertainment in Johannesburg, come and experience the wonder of the Montecasino Bird Gardens. Here in our wildlife and bird park you can wander along enchanted walkways within magnificent gardens and marvel at a variety of colourful birds, mammals, reptiles and unusual animals from around the world. In our walk-through Aviary, you'll find over 60 species of birds including Scarlet Ibises, and Nicobar pigeons, reptiles and small mammals, with smaller antelope wandering freely in the undergrowth. Telephone: +27 11 511 1864 and Email: education@montebg.co.za for Bird Gardens. Flight of Fantasy Shows: Weekends and Public Holidays: 11h00, 13h00 and 15h00 End the show with a light lunch. Inspired by the Montecasino Bird Gardens in which it is situated, Flamingo Café is a relaxing restaurant that overlooks the Flamingo pond. Flamingo Café offers a selection of light meals, coffees and milkshakes while guests sit back and enjoy the tropical ambience of the Montecasino Bird Gardens. It can host up to 90 guests. You may even have a few of our feathered friends coming to say hi. Flamingo Café 011 510 7890 for more details and to book for sit down lunch.	Geen maks	<b>Tariffs 2018:</b> R75 for Adults 11 years and older. R50 for Children 2 – 10 and Children under 2 is free. R50 for Pensioners 60 and older.  <b>Stap leier: Lizelle</b>	
25-28 Okt (3) Rugsak stap	<b>Magoebaskloof</b>	The Magoebaskoof Hiking Trail option ranges from two- to-five night. The trail has six overnight hiking huts namely De Hoek Hut which is 7km from Debegeni Falls, Dokolewa Hut which is 1.5km from De Hoek Hut . Broederstroom Hut is close to Dap Naude Dam. Waterfall Hut overlooks the Dap Naude Dam, Woodbush Hut which is close to the historical avenue of eucalyptus trees and Seepsteen Mule Stables which is 1.5 km from Woodbush Hut. This trail can start from De Hoek hut, Broederstroom hut or Woodbush hut. The difficulty rating of the trail ranges from moderate and difficult.	10	R330.00 pp vir lede R360.00 pp vir nie-lede Kostes is vir verblyf en permitte. Vervoer en kos is addisioneel.  <b>Stap leier Lizelle</b>	Bespreking is oop  Bespreek deur Eco Trails SA
2 Nov <b>Dagstap</b>	<b>Klipkraal Heidelberg distrik</b>	The Klipkraal network of hiking trails is situated 100 km south of Johannesburg on the farms Rietfontein and Stryfontein in the Heidelberg district. The two main day hiking trails are the Panorama (13km) and the Kraal (11km) trails. Shorter versions of these trails are available. There is a link between Letsa and Panorama which reduces the Panorama trail 7km. The link between Thaba Nyane and Steenbok on the Kraal trail reduces this trail 7km. The Noko loop, a 4km trail, meanders through the game camp and is ideal for hikers who arrive early or for guests staying at Kiepersol Cottage, Bokmakierie Hut or Blinkblaar Guesthouse. All the trails are day trails which return to the respective basecamps. Despite the introduction of cultivation there are large areas of pristine countryside Difficulty: Easy		TBC <b>Stap leier: Denise</b>	
22-24 Nov <b>Jaareind</b>	<b>Dingilizi</b>	Hierdie jaar gaan ons bietjie iets anders doen vir ons Jaareind. Die wat wil kan saam kom oorbly vir die naweek by Dingilize of jy kan net Saterdag kom kuier as 'n dagbesoeker en lekker saam kom kuier vir die dag.	Minimum 10	Lede R416.00pp Nielede R446.00pp Dagbesoeker R110.00	

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		<p>This Game Farm &amp; Bush Camp is situated on a private game farm 20km from Pretoria in the Dinokeng (South) Nature Reserve, just past Roodeplaat Dam and 1 hour from JHB. Visitors will enjoy true natural semi bushveld beauty as conservation in this area is a high priority to all owners. Game to be seen on the farm include kudu, blue wildebeest, red hartebeest, eland, blesbok, duiker, steenbok, impala, smaller cat families (small/large spotted genet), porcupine, warthog, jackal, meerkat, mongoose, tree and ground squirrel and hedgehog. It is also natural home to a large variety of birds and many indigenous trees and plants are reserved.</p> <p>The name "Dingilizi" derives from the Zulu word for "in a circle" which explains the nature of the camp. This unique Bush Camp accommodates 20 persons. 5x cute 4-bed huts are arranged in a circle around a huge cozy boma and braai area. The "Krimpvark", "Ertvark", "Bosvark", "Vlakvark" &amp; "Ystervark" huts all have two bunk beds with mattresses. Bring your own bedding. Electricity available. The Bush kitchen is fully equipped with basic facilities - fridge/freezer, 3-plate gas burner, 3x potjiekos (iron cast) pots, pan, kettle, cutlery &amp; crockery for 20 persons. Neat ablution block outside with separate ladies and gents – each with two flush toilets, hand basins and two hot/cold showers. Extra tents/caravans welcome. Max group 30.</p> <p>Activities:</p> <ul style="list-style-type: none"> <li>- Splash Pool</li> <li>- 4x4 Game Drives</li> <li>- Look-out tower with "sun downer" deck</li> <li>- Excellent star gazing at night</li> <li>- 2x Beautiful, easy to moderate 15km and 9km self guided, well marked hiking trails</li> <li>- Safe Mountain Biking – bring own bikes. Lots of safe dirt roads (10-20km)</li> </ul>		Stap leier: Almal	
29,30 Nov 1 Des <b>Rugsak stap</b>	<b>Sphinx</b> <i>Makliker roete vir beginners</i>	<p>Trail is situated in the Moolmanshoek Private Game and Nature Reserve in the Eastern Free State district of Ficksburg. The base camp is located on the Langesnek farm. Hikers will commence the hike from the Moolmanshoek Guest House with a beautiful view of Visierskerf. The trail sets off over the bridge past the poplar grove, along the lane of bluegum trees with evidence of the homes of porcupines and spring hares. It goes through the Serengeti Game Camp, climbing towards the mountain, towards a big rock from where hikers can enjoy a lovely view across the Moolmanshoek valley and the Serengeti plain where big herds of zebra, black wildebeest, springbok, reedbuck, duiker, hartebeest, steenbok, duiker, rheebuck and blesbuck graze. The trail then hugs the contours of the mountain, arriving at a deep gorge where there is a wonderful natural swimming hole, more 4,5 m deep, shaped like a spiral or an upside-down ice-cream cone. This is the perfect spot to stop for tea. Thereafter the trail winds around the ridge to arrive at the Witgatbad, another swimming hole. It then follows the contours behind the two Sphinx Mountains. At this stage, hikers who wish to climb to the summit of Visierskerf mountain (2 440 m) leave their backpacks behind to be rewarded with a magnificent view across the Free State and the Malutis. The rest of the hike follows the contours of Jacobsberg and crosses several gorges, passes the kiepersol garden, and goes through thick indigenous forest to arrive at the Sphinx overnight mountain hut. Since the hut is close to a natural swimming pool, the</p>	Maximum number of hikers: 22.	TBC <b>Stapleier Jaco</b>	Bespreeking is oop  Bespreek deur Eco Trails SA

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		<p>remainder of the day will probably be spent swimming and bird-watching, or one can walk to the nearby dam to watch the many water birds. The second day's hike takes you along the contours beneath the two Pyramid Mountains. You will also go past a big cave that was previously used as a kraal for 1 000 goats. The trail then gradually descends to reach a grove of willow trees and a big swimming pool for a welcome but final swim. For keen bird-watchers, there is a reed hide at the nearby waterhole. A short walk takes one back to base camp. Game that may be seen includes springbok, mountain reedbuck, fallow deer, duiker and steenbuck. There are many bird species along the trail and black eagles nest up against Visierskerf. The trees have been identified and there is a rich variety of wild flowers and ferns. The Sphinx trail incorporates part of the 3 day Waterkloof trail.</p> <p>Distance/Duration: 2 days/nights Day 1: 10,3km Day 2: 5km. Degree of difficulty: Average</p>			

## NOTAS:

- Koste per persoon per stap/naweek sluit slegs verblyf en permitte in. Addisionele kostes word gehef vir brandstof en toelgelde.
- Stappers moet ook begroot vir hulle eie etes en versnaperinge. Op naweekstappe is die Saterdagdaand ete gewoonlik gesamentlik.
- Staplede kry voorkeur by besprekings. Sosiale lede en nie-lede se name sal op 'n waglys geplaas word.
- Meer besonderhede oor dagstappe en sosiale funksies sal nader aan die tyd gestuur word, 'n beperking op die aantal stappers word gewoonlik nie geplaas nie.
- Ledegelde vir Stappers beloop R114 per jaar. Maak asseblief betalings per EFT. Gebruik jou naam as verwysing.
- Ledegelde vir Sosiale lede beloop R20 per jaar. Maak asseblief betalings per EFT. Gebruik jou naam as verwysing.
- Ledegelde vir Stappers 65 jaar en ouer beloop 50% van die Stapper Ledegelde per jaar. Maak asseblief betalings per EFT. Gebruik jou naam as verwysing.
- Indien stappers kontant op die stapklub se rekening deponeer moet hulle die addisionele fooi by hulle betaling voeg. Dit kan in sommige gevalle soveel as R50 of meer beloop en ons beveel dus aan dat betalings eerder per EFT gedoen word.
- Tariewe per stap is onderworpe aan verandering. Van die kostes aangedui, is nog die 2018 seisoen tariewe aangesien die 2019 tariewe nog nie beskikbaar is nie.

## Bankbesonderhede:

Pretoria Oos Voetslaanklub

Kommittee

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Waar Mense Omgee

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ABSA Bank

Tak: Menlyn

Takkode: 632005

Spaarrekening nommer 9307571484

Betaling moet asseblief voor die spesifieke sluitingsdatum per EFT gemaak word.

Naam en stap moet as verwysing by die betaling aangedui word.

**Komiteelede** (2019-2020):

Voorsitter: Jaco van der Merwe

Ondervoorsitter: Lizelle Strydom

Lid: Denise Carelse

Lid: Leyda van Dijk

***Geniet die stapjaar, en mag die Here met julle almal wees in die jaar wat voorlê!***

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Komitee

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